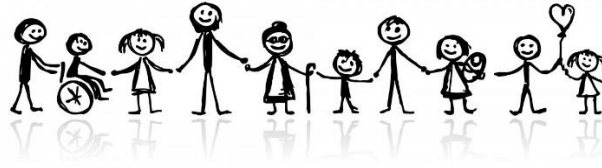


Parent Resources

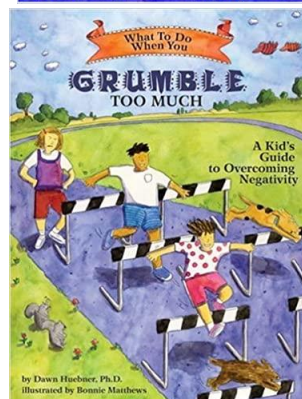
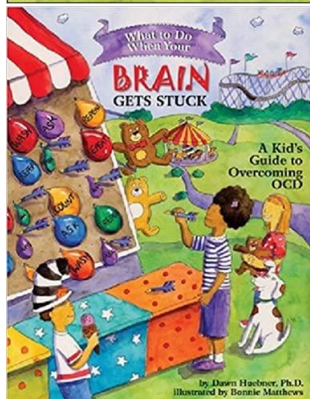
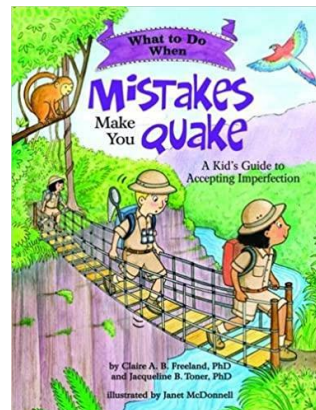
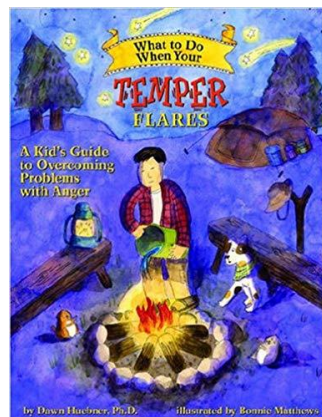
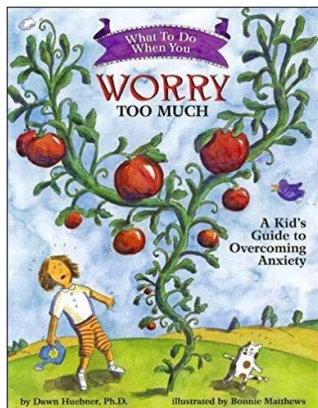


Created by Joanna Kaiser, GATE Implementation Specialist, TOSA

Resources Available at All Libraries in Carson City Schools

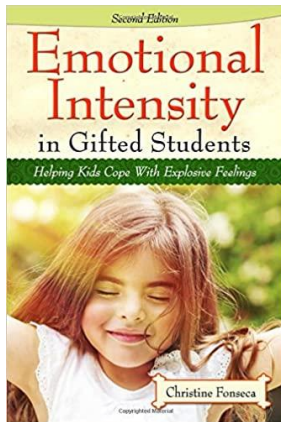
- **What To Do When Resources**

The GATE program has purchased these resources for every school in Carson City School District. These are available at your local school libraries. I have also created summary documents of these resources that again are available from all our school librarians. These books were recommended to me by a child psychologist who predominantly works with children and teenagers. She emphasized that these resources seem geared for younger students, but all the strategies are what you would use with a child of any age....or adult 😊. For our high school and middle school students, these resources are easy to read and get ideas to implement right away, so they are very user friendly. If you want your own copy, these, and more, are available at [amazon.com](https://www.amazon.com).

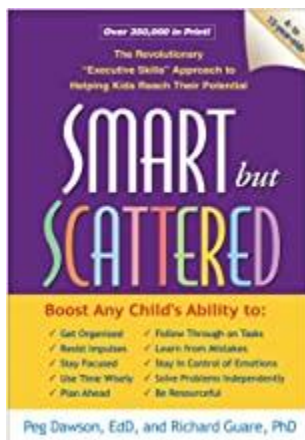


GATE Families Book Club Resources

- ***Emotional Intensity in Gifted Students: Helping Kids Cope with Explosive Feelings***
This is our current GATE Families "Book Club" read for 2019-2020. This book is an award winner and is full of important information about raising gifted children including an overview of characteristics of gifted learners and what it really means, and is like, to be gifted. The focus on the second half of this book is all on "How To" in terms of being your child's coach and helping our children navigate relationship issues, performance issues, and behavioral issues.



- ***Smart by Scattered: the Revolutionary "Executive Skills" Approach to Helping Kids Reach their Potential***



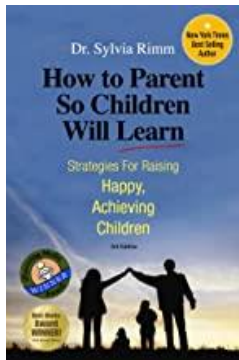
This was our GATE Families Book Club read for 2018-2019. This book is a wealth of information and specifics related to analyzing your child's strengths and weaknesses as well as how our own strengths/weaknesses affect parenting. The focus on this book is "Executive Functioning". The author's describe executive functioning as "the fundamental habits of mind required for getting organized, staying focused, and controlling impulses and emotions".

Other Resources

- ***How to Parent So Children Will Learn: Strategies for Raising Happy, Achieving Children***

by Dr. Sylvia Rimm

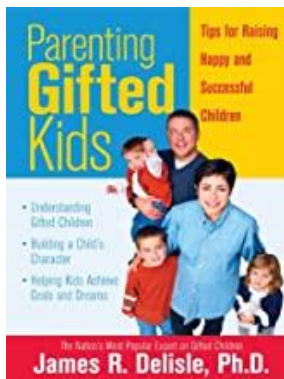
"Dr. Rimm gives realistic, compassionate, no-nonsense yet easy-to-follow advice for raising happy, secure, and productive children from preschool to college. This survival manual contains practical advice and parent pointers, step-by-step examples, and sample dialogue.



- ***Parenting Gifted Kids: Tips for Raising Happy and Successful Children***

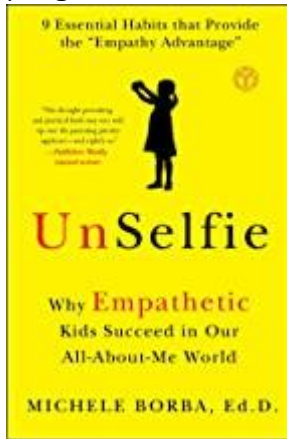
by James Delisle, Ph.D.

From the introduction: "So, here's what to expect in my book: Ten statements that will cause you to reexamine the ways you perceive your child's intelligence and challenges. Each statement will be elaborated upon for clarity, and wherever possible, an instance from the life of a real child or parent with whom I have worked will be included as evidence of the statement's worth.....my intent is that you will read this book, absorb its messages, and then look at your gifted child through a different set of lenses than you had worn before..."



- ***UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World***

The author of this book, Michelle Borba, Ed. D., was the keynote speaker at the National Association for Gifted Children's Conference (2019). The goal in this book is to combat the growing empathy crisis among children today and includes a 9-step empathy building program.



Books that Promote a Growth Mindset



The first list includes picture books, but these books are all beautiful, meaningful literature regardless of age. The focus is on overcoming adversity with mostly real life stories.

- *Tomas and the Library Lady* by Pat Mora
- *Sonia Sotomayor: A Judge Grows in the Bronx* by Jonah Winter
- *Harvesting Hope: The Story of Cesar Chavez* by Kathleen Krull
- *The Story of Ruby Bridges* by Robert Coles
- *Moses: When Harriet Tubman Led Her People to Freedom* by Carole Boston Weatherford
- *Teammates* by Peter Golenbock
- *Wilma Unlimited* by Kathleen Krull
- *Lou Gehrig: The Luckiest Man* by David Adler
- *America's Champion Swimmer: Gertrude Ederle* by David Adler
- *Thank You Mr. Falker* by Patricia Polacco
- *My Great Aunt Arizona* by Gloria Houston
- *When Marian Sang* by Pam Munoz Ryan
- *Shaking It Up: 14 Young Women Who Changed the World* by Susan Hood
- *Rosa* by Nikki Giovanni
- *She Persisted: 13 American Women Who Changed the World* by Chelsea Clinton
- *She Persisted Around the World: 13 Women Who Changed History* by Chelsea Clinton
- *The Girl Who Ran* by Bobbi Gib
- *Malala's Magic Pencil* by Malala Yousafzai
- *Wemberly Worried* by Kevin Henkes
- *Amber on the Mountain* by Tony Johnston
- *The Wednesday Surprise* by Eve Bunting

Now for some biographies which, again, will inspire.

